

# Parkour, Free Running, Acrobatics

## Supporting young people

Brad Wendes – Director

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### Colchester City Youth Project – 17 Year old NEET

- Engaged with project leading to volunteering at the Kinetix Academy, now employed and studying level 2 coaching.

### Secondary School Project - risk of exclusion, disruptive and aggressive behaviour

- Attended our targeted sessions and holiday club – now a mentor to younger year group at school.

### Secondary School Project - High truancy, not meeting required behaviour & persistently absent from school.

- Having attended our sessions they are now able to meet schools required code of behaviour and now supports younger group who attend. Confidence has grown & respect shown to adults and peers.

### Streetgames School Project – 11 year old non verbal ,Complex homelife no engagement with education

- Attended 1:1 sessions which lead to improved engagement at school & increased confidence giving them the ability to discuss issues that faced them that could then be approached appropriately. No longer non verbal.





"I'm always in trouble and I go to Kinetix now and it has let me express myself and burn off energy and has helped me focus."

- Key stage 3 Student

"I feel Kinetix has given student A confidence in the understanding of teamwork and support.

It helps Young people to build up their fitness and they are great at what they do.

We need more things like this around Witham for kids to do"

- Secondary School Teacher

"I cannot speak highly enough of the provision that has been in place for the students at local secondary school attending Kinetix. The role models, their relationships with students.

The students have been receptive and have adapted so much I have been impressed with their teamwork since attending and their support of each other in and around the academy.

The focus they have been able to show in school is much improved"

-Behavioural lead at local Secondary school

## TESTIMONIALS

"I used to get into loads of trouble and now I go to Kinetix . I can burn some energy off and now I'm not getting removed as much."

- Key stage 4 student

"Before Kinetix I was always getting removed from lessons and I was really struggling although I still struggle a bit now I have improved my behaviour as I have something to look forward to at the end of every week."

- Key stage 4 student



INCREASED  
5.3%

POINTS  
INCREASED  
19.27

BEHAVIOUR

ATTENDANCE

TRUANCY

SICKNESS

REDUCED BY  
60.6%

REDUCED BY  
78.7%

SHORT PROJECT  
EDUCATIONAL  
OUTCOMES



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